Beds to Make, Meals to Get — *Furniture to Polish, Shopping to Do*

Who Works Harder—Housewife or Hod-Carrier?

SILVER-POLISHING BURNS CALORIES

AS HARD AS HEAVING BRICKS

HARDER THAN DRIVING A TRUCK

FURNITURE TAKES MUSCLE

SPEAKING OF HARD LABOR, THIS IS IT

Mother of Four Kept on Jump

Plowing, bricklaying, driving a truck or carrying a hod is no harder than housework. It takes more out of you to beat a carpet than push a wheelbarrow with a 115-pound load.

These are not the conclusions of a woman but of competent authorities who have reduced the various jobs around the house and many of those in industry to calories. With this count as a common denominator they found that the average mother of three or four children toils harder than a farm laborer—and often gets less thanks.

Mrs. Glynn Henry, pictured in the above series of photographs, believes every word the authorities say. Mother of four, Mrs. Henry, who is a model and TV actress on the side, makes four beds each day, prepares 17 meals, polishes furniture, mends clothes, shops, cleans windows—and smiles.

Admittedly there are lots of labor-saving devices in the home these days, but there also is a great deal of energy expended.

Mrs. Henry recommends the authorities' calorie figures to wives whose husbands come home at night, ask for their slippers and airily inquire what she has been doing all day.

BOTH EXHAUSTED BUT SHE WORKED HARDER

Here's to 'Winnie the Pooh'

Life-size replica of "Winnie the Pooh" character from Christopher Robin stories for children brings a chuckle from Education Minister Leslie Peterson during recent official opening of Christopher Robin School for Retarded Children, at Nanaimo. Sharon Kipp, of Nanaimo, represents the Beta Sigma Phi sorority which made the bear cub for the occasion.—(Photo by Flett Studios.)

Engaged

Mr. and Mrs. James Stewart wish to announce the engagement of their only daughter, Patricia Elaine, to William Ernest Tames, eldest son of Mr. and Mrs. E. Tames, Saltair, B.C. The wedding will take place in St. Paul's Anglican Church, April 10 at 8 p.m., with Rev. J. A. Roberts officiating.—(Photo by Kandid Kamera.)

April 25 Is the Date

April 25 is the date set for the wedding of Miss Donna Hopkins and Mr. Bryon Jeeves at St. John's Anglican Church. The bride-elect is the daughter of Mr. and Mrs. R. F. Hopkins, 3347 Oak Street, and her groom is the son of Mr. and Mrs. F. L. Jeeves, 3380 Cedar Hill Road. Canon George Biddle will perform the ceremony at 7.15 p.m.—(Wilcox photo.)